

## **Lunch Menu Winter - Spring 2019**

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	BBQ Chicken Served with Rice, Peas & Sweetcorn	Fish Cake with Herby Diced Potatoes, Peas & Ketchup	Roast Lincolnshire Gammon with Gravy, Roast Potatoes, Broccoli & Carrots	Bolognaise with Pasta, Salad & Garlic Bread	Lincolnshire Sausage with Beans & Mashed Potato	** Vegetables are subjectors to seasonality & Rice,
Wit	Mixed Bean Casserole Served with Rice, Peas & Sweetcorn	Country Veg Bakes, Herby Diced Potatoes, Peas & Ketchup	Quorn Pasties with Gravy, Roast Potatoes, Broccoli & Carrots	Cheesy Quorn, Tomato & Basil Pasta Bake served with Salad	Quorn Sausage with Beans & Mashed Potato	Pasta and Pizza Bases an Wholegrain or 50/50.
7.1.19	Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt	Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks	Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche	Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack	Chicken Sandwich, Crudites, Cream Cracker & Cookies	** All our meat is sourd from our onsite Butch
	Jacket Potato with Cheese/Beans	Jacket Potato with Cheesy Coleslaw	Jacket Potato with Chicken & Sweetcorn Mayonnaise	Jacket Potato with Cheese/Beans	Jacket Potato with Bolognaise	Shop
	Ice Cream & Wafer	Sticky Chocolate Cake	Fruit Yoghurt	Apple Crumble Slice & Custard (FBD)	Banana Drizzle Loaf (FBD)	** Bread, Fruit and Wa
	or Fruit Yoghurt	or Fruit Yoghurt	or Fruit	or Fruit Yoghurt	or Fruit Yoghurt	available for all criffore
Week 2	Mild Chilli Beef with Rice & Mini Mixed Veg	Turkey Meat Balls in Rich Tomato & Basil Sauce, Pasta with Peas & Sweetcorn	Roast Chicken with Gravy, Roast Potatoes, Cabbage & Carrots	Chicken Burger, Hash Brown Puffs & Baked Beans	Meaty Beef Lasagne with Garlic Bread & Mixed Salad	All Jacket Potato Fillin are Gluten Free
<b>W</b> /c	Cheesy Vegetable Pasta with Mixed Veg	Quorn Meat Balls in Tomato & Basil Sauce, Pasta, Peas & Sweetcorn	Stuffed Peppers with Roast Potatoes, Cabbage & Carrots	Veggie Burger, Hash Brown Puffs & Baked Beans	Quorn Lasagne, Garlic Bread & Mixed Salad	
14.1.19	Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack	Chicken Sandwich, Crudites, Cream Cracker & Cookies	Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche	Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks	** Fish Cakes will conta Salmon at least once every 3 Weeks
	Jacket Potato with Cheese/Beans	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Chicken & Sweetcorn Mayonnaise	Jacket Potato with Chicken Curry	Jacket Potato with Cheese/Beans	
	American Pancakes & Chocolate Sauce	Toffee Apple Sponge with Custard (FBD)	Fruit Yoghurt	Jelly & Fruit (FBD)	Peach Sponge & Custard (FBD)	All Gravy is Gluten Fr
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Week 3	Mild Chicken Curry with Rice, Peas & Naan Bread	Cheese & Tomato Pizza, Herby Diced Potatoes & Mixed Salad	National Pie Day Lincolnshire Beef & Veg Pie, Boiled Potatoes, Cauliflower & Carrots	Chicken Nuggets Duchess Potatoes & Beans	Lincolnshire Chipolatas with Mashed Potatoes and Green Beans with Gravy	Fruit Yoghurts will b
W/C	Macaroni Cheese with Peas	Vegetable Lasagne with Mixed Salad	Quorn Pastie served with Boiled Pots, Cauliflower & Carrots	Quorn Nuggets with Duchess Potatoes & Beans	Chickpea Casserole with Mashed Potatoes and Green Beans	Strawberry unless state
21.1.19	Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche	Ham Sandwich, Cheese Portion, Bread Sticks & Cookie	Chicken Sandwich, Crudites, Cream Cracker & Cookies	Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks	All Sides and Jacke
	Jacket Potato with Cheese/Beans	Jacket Potato with Chicken Balti	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese & Coleslaw	Jacket Potato with Cheese/Beans	the main meal to allow for alergens and specia dietary requirements
	Ice Cream & Wafer	Iced Mandarin Sponge (FBD)	Chocolate Chip Cookie	Jam Sponge & Custard	Jelly & Fruit (FBD)	
	or Fruit Yoghurt	Fruit Yoghurt	or Fruit Yoghurt	or Fruit Yoghurt	or Fruit Yoghurt	